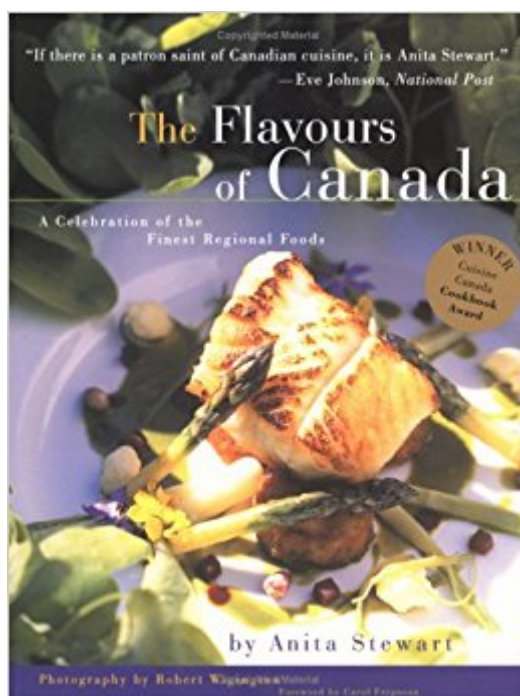


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The Flavours Of Canada: A Celebration Of The Finest Regional Foods



Synopsis

Anita Stewart takes readers on a full-flavored pan-Canadian culinary journey in this tantalizing winner of two Cuisine Canada Book Awards. Here are over 150 appetizing recipes that use local, seasonal ingredients and showcase the best of the country's regional cooking. Exploring Canada's five major gastronomic regions, Stewart provides recipes and vignettes from each. Illustrated with 130 color photographs, *The Flavours of Canada* reveals the beauty of the land and the wealth of Canada's culinary heritage.

Book Information

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